

Little J and Big Cuz obstacle course worksheet

Create an obstacle course:

Use your imagination to turn your backyard or lounge room into an obstacle course.

Imagine a story about why someone would be navigating your obstacle course Are they on a quest to find something or someone? Are they a contestant on a TV adventure show? Are they a character in a videogame who has to pass certain levels or score points? Write down a brief overview of your story:		
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Brainstorm a list of obstacles, for example: trees, rocks, bridges, puddles, rivers, wild animals...

Think up some exciting names for your obstacles. For example, Skyhigh Bridge, Mayhem Mountain ...

Obstacle	Obstacle name
Example: Sandpit	Sinking Sandpit of Insanity
Example: Pile of pillows	Mayhem Mountain

Create a map of your obstacle course. Decide where the start and finish are, where the obstacles are going to be and make a sketch of your design:
Check with an adult that your design is safe.
Build your obstacle course!